Building Effective Relationships

Wake Forest People = Invested in YOU
(your success. your growth. your experience.)

Faculty & student advisers are there to give you objective advice and guidance, to recommend opportunities, and to give you feedback on your choices and decisions.

This is not a passive relationship!

**SHOW UP & BE PRESENT.**

Not just physically, but mentally. Use this time to engage with a faculty member, peers, and older students. Learn from their valuable experiences.

**ASK QUESTIONS.**

No questions are too big or small for your advisers, so ask! Chances are, whatever you are wondering about, someone else is too.

**GET FEEDBACK.**

Key to any great mentoring relationship is asking for feedback on your choices and decisions. It’s always ok to ask, “Does that sound right to you?”, or, “Am I headed in the right direction?”

**SHARE YOUR STORY.**

Resist the temptation to stay quiet - share your unique story with your new classmates, and let them get to know who you really are. Letting down your guard helps to build trust with others, which is the first step in any great relationship.

Building lives of meaningful connection is what Wake Forest is all about. Jump in, create new relationships, and most of all, have fun!